



BABY & ME – Tobacco Free Program™

Healthy babies. Born on time.

You and your baby can be tobacco free.



Quitting smoking is the single most important thing you can do for your health and the health of your baby!

Enroll in your local BABY & ME – Tobacco Free Program by contacting:



Quit smoking and receive FREE diapers*

babyandmetobaccofree.org

*To be eligible you must be a current smoker or quit within three months of becoming pregnant.